



CARDIFF WOMEN'S AID MISSION STATEMENT

Domestic Violence is a CRIME

Cardiff Women's Aid provides specialist support services to women and children to enable them to live free from abuse.

VOLUNTEERING AT CARDIFF WOMEN'S AID

Cardiff Women's Aid recognises the valuable contribution that volunteers offer to the organisation as well as their contribution to the volunteer movement as a whole.

Definition: A volunteer is someone who, without expectation of financial compensation beyond the reimbursement of expenses, performs a task at the request of and on behalf of Cardiff Women's Aid.

ROLE & PURPOSE OF VOLUNTEERING

- Complement and enhance the services available from Cardiff Women's Aid;
- Enables women to develop their confidence and skills through volunteering.

HOPES & EXPECTATIONS

Cardiff Women's Aid will ensure that volunteers will:

- know what is expected of them
- have clearly specified lines of support and supervision

- be shown appreciation
- have safe working conditions
- be insured
- be paid expenses
- be free from discrimination
- receive training to enable them to carry out their tasks effectively and safely

In return, **Cardiff Women's Aid** hopes that volunteers will:

- be reliable
- be honest
- respect confidentiality
- make the most of training and support opportunities
- carry out tasks in a way which reflects the aims and values of the organisation
- work within the agreed policies & procedures

CARDIFF AND THE VALE WOMEN'S RIGHTS ADVOCACY AND
EDUCATION PROJECT

Role Description	Volunteer Women's Rights Champion
No. of Hours	Flexible / To be discussed at interview
Skills Required	<ul style="list-style-type: none"> • Excellent communication skills. • Able to work as part of a team. • Understanding of women's rights and domestic abuse (or ability to develop knowledge on these issues). • Empathetic listening skills. • Respect for confidentiality. • Able to work within agreed policy and procedure. • An ability to work on own initiative whilst recognising limitations.
Benefits	<ul style="list-style-type: none"> • Reimbursement of out-of-pocket expenses in line with Cardiff Women's Aid Volunteer Policy. • Comprehensive skills based training programme that will equip volunteers with advanced advocacy, communication and support skills. • An opportunity to participate in a ground breaking women's rights project that will empower women to protect their human rights. Champions will develop new awareness that will have lasting impact on gender discrimination issues in wider society.
Location	Community Based
Supervisor	Project Leader and Project Worker

OVERALL PURPOSE

To participate in a new women's rights project that will increase knowledge and understanding of women's rights particularly as they impact on issues of violence against women (and specifically domestic violence and abuse). The project will work to change attitudes and behaviour through one to one, group and community action.

WOMEN'S RIGHTS CHAMPION MAIN RESPONSIBILITIES

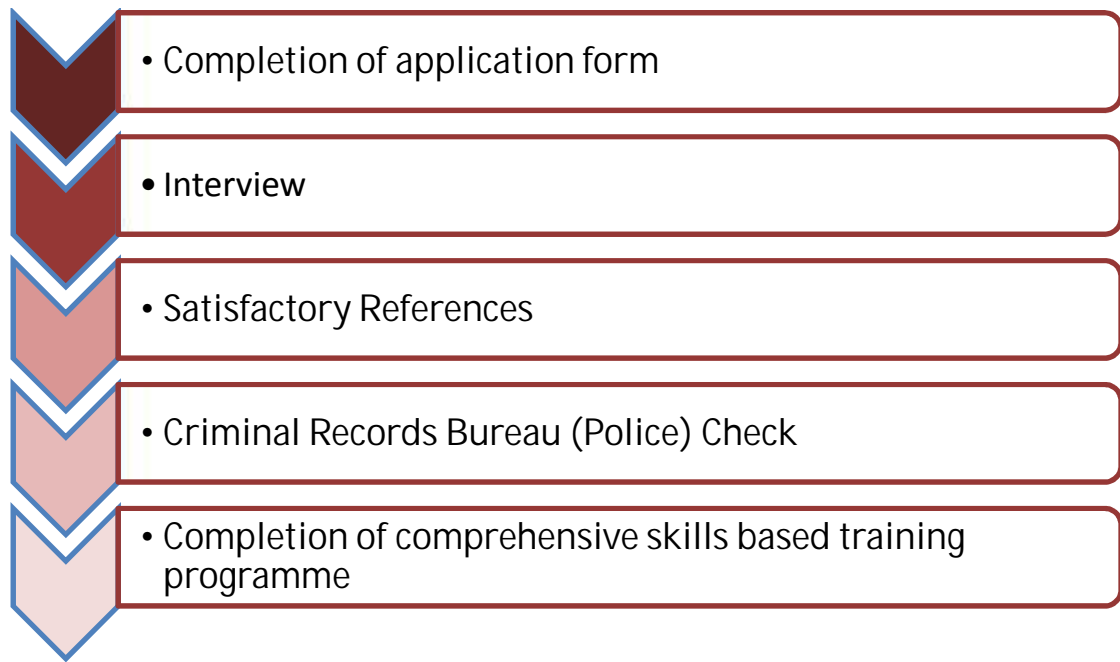
- To work with community groups to deliver a range of awareness sessions that will increase knowledge and understanding of women's rights in relation to gender discrimination and domestic abuse.
- Support the development of and participate in community action groups within identified communities.
- Support vulnerable women in the community through peer and self advocacy, advice and outreach.
- Work as advocates on behalf of Women's Aid by promoting services available.

GENERAL RESPONSIBILITIES

- A commitment to develop new awareness and understanding as part of the training programme that will equip champions with the skills needed to work as an advocate in the community.
- Attend meetings as necessary.
- To represent Cardiff Women's Aid in a professional manner, to promote its ethos and work in a positive way.
- To maintain anti-oppressive and anti-discriminatory work practices.
- Abide by Cardiff Women's Aid confidentiality policy.

*all Volunteers will be subject to a three-month probationary period.

VOLUNTEER INTERVIEW, SELECTION & TRAINING PROCEDURE



Please Note: Applications from women who have accessed the services of Cardiff Women's Aid or have had personal experience of domestic abuse will not usually be considered for a voluntary placement until at least one year has lapsed.